

#### Cognitive function stimulation using social robots H2020 / AAL engAGE





#### **Authors:**

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#### Challenges for cognitive function stimulation



- Mild cognitive impairment (MCI) is a syndrome that affects older adults (not only) and causes changes and decline of their cognitive abilities
- Social robots, non-invasive IoT, and Artificial Intelligence are key technologies that can be innovatively and uniquely combined to stimulate cognitive decline
- Specific challenges that need to be addressed for developing innovative Ambient Assisting Living (AAL) systems for cognitive stimulation
  - Low levels of engagement of the older adults with traditional cognitive stimulation applications (mostly based on cognitive games and memory exercises)
  - Lack of coaching support and social interaction to allow the older adults to selfmanage their cognitive decline in their homes delaying as much as possible their institutionalization
  - Traditional MCI screening methods (i.e. based on genetic, neuroimaging biomarkers, questioners, etc.) are either costly and rather invasive or they lack contextual information



# Innovative technologies for cognitive function stimulation



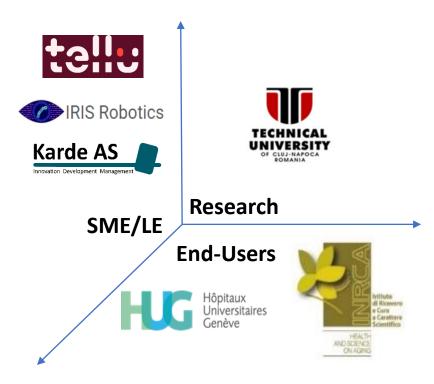
- Assistive services are shifting towards the use of objective monitoring using IoT sensors
  - Non-invasive monitoring of the daily life activities of the older adult with MCI
- Self-reporting for monitoring perceived health and wellbeing state
- Cognitive decline <u>evaluation</u>
  - Human perspective and sensors perspective data fusion
  - Machine learning to assess the cognitive decline and correlate it with activities of daily living (ADL) and wellbeing
- Social Robot coaching and cognitive stimulation
  - Coaching for older adult cognitive function self-management
  - Social interaction, engagement, and motivation
- Communication platform and intelligent personalization
  - · Adaptable and personalized dashboards interfaces for non-face to face communication
  - Analytics for healthcare professionals/caregivers



### engAGE project identity card



- **ID**: aal-2021-8-159-CP
- Coordinator: Technical University of Cluj-Napoca (DSRL)
- Title: Managing cognitivE decliNe throuGh theatre therapy, Artificial intelligence and social robots drivEn interventions
- **Lifetime:** 01.12.2021 31.05.2024
- Program: ACTIVE AND ASSISTED LIVING 2021 (AAL 2021) H2020
- Budget:
  - 345 k Euro (UTCN-DSRL)
  - 1.3 mil Euro (Total)



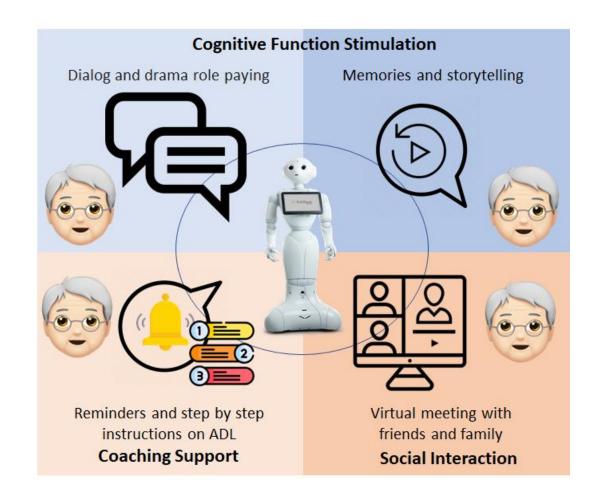


### engAGE goals and objectives



#### Main objectives:

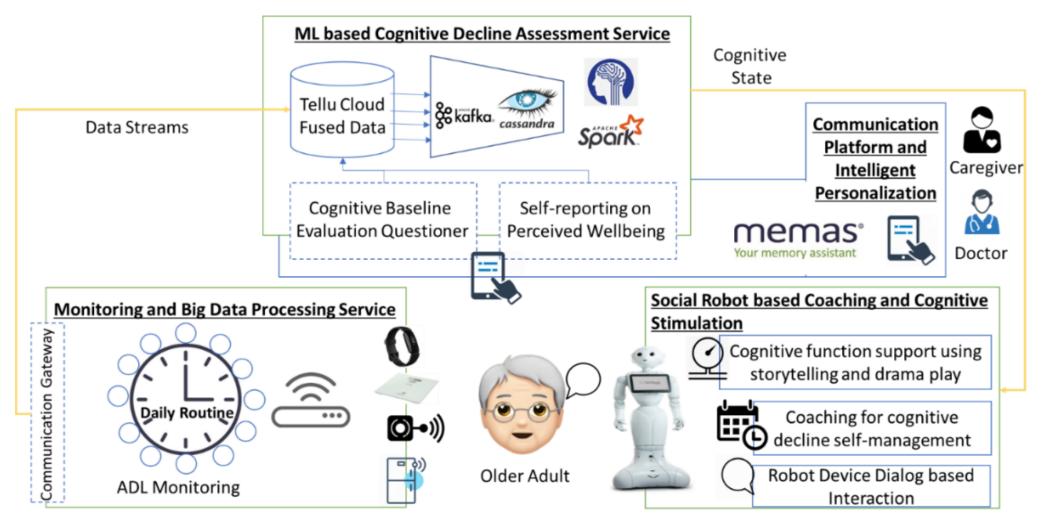
- Combat and slow down cognitive decline progression
- Support the wellbeing of older persons with MCI
- Develop an ecosystem of services for:
  - Holistic monitoring of ability to conduct ADL and wellbeing
  - Machine learning-based cognitive decline evaluation
  - Coaching, cognitive stimulation and social interaction using social robots





# engAGE briefly







### Technology overview



#### Monitoring and Big Data Processing

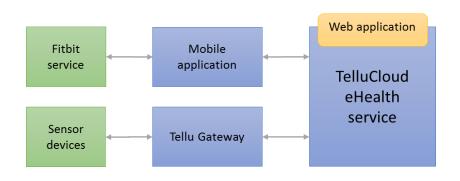
- Use a combination of physical and virtual (self-reporting) sensors
  - **Lightweight monitoring infrastructure** based on commercial off-the-shelf sensors/devices for measuring sleeping and sleep quality, physical activity, movement habits, eating, etc.
  - Perceived health and wellbeing state will be monitored using self-reporting (e.g. older adult mood, feelings, impressions, etc.) or reporting from family carers and formal carers

#### TelluCloud infrastructure

Intelligent gateway for collecting, and pushing data into the cloud (in a data storage)









### Technology overview



- ML-based Cognitive Decline Assessment
  - Analyze the older adult monitored data intending to assess the ability to carry out activities of daily living
    - Correlations between the carried-out activities and the cognitive state will be inferred enabling to early detect the cognitive decline
  - Consider two types of features in the learning process
    - features extracted from the monitored data on daily life activities
    - contextual features related to the baseline cognitive function, and subjective reports on heath state and well-being (self-reporting)
  - ML to classify and cluster the older adult monitored ADL data concerning the cognitive function baseline allowing to detect deviations which may signal or predict the cognitive decline
  - Start from DSRL ML and big data analytics platform
- Communication Platform and Intelligent Personalization
  - Built upon the functionalities of the MEMAS communication tool developed by KARDE



# Technology overview

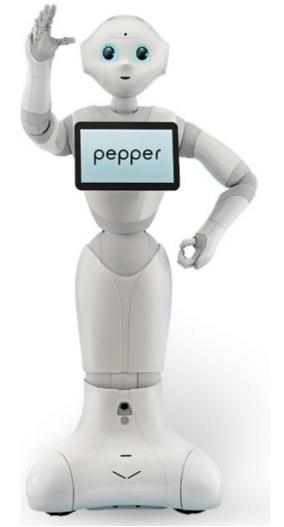


- Social Robot Coaching and Cognitive Stimulation
  - Provide personalized brain training in the older adults' real-life setting by employing the social robot as an intervention tool
  - The robot will act as a companion and will provide a wide spectrum of assistive functions
    - cognitive stimulation (i.e. drama storytelling)
    - reminding or step by step instruction on conducting ADL (e. washing, preparing meals, taking medication, drinking water, etc.)
    - facilitation of social interaction by creating a support network through collaborative caregivers or family members
  - The family caregiver will have the option of personalizing the robot content to the preferences and wishes of the older adult
    - correlated with the output of the ML cognitive assessment targeting to maintain or improve the older adult cognitive state

# Social robots: Pepper or Temi



• We will use IRIS Robotics experience in commercializing and personalizing robot-based solutions in Europe (official reseller of Pepper and Temi)















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